

# Encouragement

The gift of encouragement is the ability to inspire, admonish, hearten and support others so that they are strengthened in resolve, faith and spirit.

## Scriptural References

Ruth 1:16-18, Acts 11:23-24, Acts 14:21-22, Acts 15:30-32, 2 Corinthians 1:3-7,  
1 Thessalonians 2:11-12, 1 Thessalonians 5:14, 1 Timothy 4:12-14, Hebrews 10:25

## Biblical Models

Ruth, Paul, Barnabas, Andrew

## People with this gift can

- Strengthen and reassure those who are discouraged.
- Comfort – or confront – others to trust in God.
- Urge others to action using Biblical examples.
- Motivate others to mature in their faith.
- Practice what they preach.

## Cautions

- May take on too many responsibilities and suffer personal and spiritual burn-out.
- May lack necessary wisdom, firmness and directness to deal with root problems.
- May coddle instead of correct a problem.
- May simply be superficially cheery and lack the true strength of this gift.

## Personal Traits

- Positive
- Motivating
- Challenging
- Affirming
- Reassuring
- Supportive
- Trustworthy

## Tips for nurturing this gift

- Be especially familiar with Biblical stories of faith: Job, the Psalms, etc.
- Train as a counsellor or pastoral visitor.
- Be sure to have your own personal support network.

## Possible Tasks

- Pastoral visiting, hospital visiting, working with seniors, the disabled, ...

## Not to be confused with the responsibility of all Christians to ...

Love one another.